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...saving the world through contemplation,
creating community through Love.



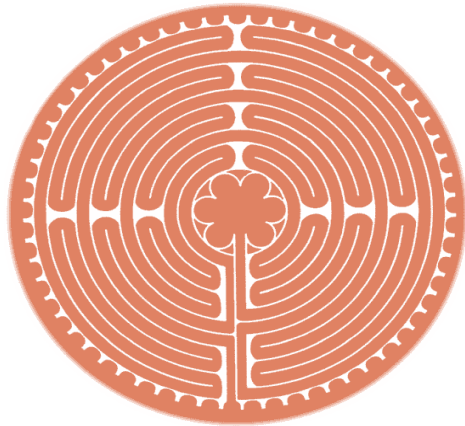
Oasis

Ministries For Spiritual Development
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NOW IN ITS 20TH YEAR!

SPIRITUAL DIRECTION FOR SPIRITUAL GUIDES



A Two-year Training Program in
Contemplative Prayer
and
Spiritual Guidance

SEPTEMBER 2010
TO MAY 2012



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Drawing From the Well of Christ
Contemplatively
Actively



Spiritual Direction for Spiritual Guides,

now in its 19th season, is a two-year training program in contemplative prayer and spiritual direction. During the two years, participants will experience and learn to practice the disciplines of contemplative prayer and the art of contemplative spiritual direction. Through both years, participants will discover the richness of contemplative community, the intimacy of small group interaction, and the depths of contemplative prayer.

For a very long time I have been searching for something that was missing in my life. I found it in SDSG. It has helped me in my personal journey and in journeying with others.

Marie S. Rodichok,
2008 SDSG Graduate

INTENT OF PROGRAM

The format for each year consists of two retreats (an opening two-day retreat in October, and a closing two-day retreat in May) and six monthly day-long sessions in between.

The intent of the first year of SDSG is to provide experiences of contemplative prayer and training in the art of being a spiritual director. Participants are asked to have a spiritual director and, by January 2011, to serve as a spiritual guide for two individuals. A reflection paper is also required.

The intent of the second year of SDSG is to provide opportunities to continue practicing the disciplines of contemplative prayer, drawing on a unique spiritual tradition each month, as well as further training in spiritual direction. Each person is asked to have a spiritual director and to serve as a spiritual guide for two individuals. Two reflection papers are also required.

SDSG has helped me rediscover the moment—here and now—and celebrate in it. Being well schooled in delayed gratification, I am relearning to enjoy life as it happens.

Vernne Greiner,
Physician and Spiritual Director

FOCUS OF PROGRAM

The focus in the *first year* is twofold: grounding participants in the Christian contemplative tradition, through readings (both classical and contemporary), class presentations on a variety of topics and prayer experiences, along with assisting participants in being a guide for others on their spiritual journey. Meeting days include a rhythm of teaching sessions, prayer experiences, community building, individual reflections, discussions, and small group experiences. Central to our process in both years, peer groups of 4-6 people spend time each month in spiritual support of one another and in reflecting together on the practice of spiritual direction in which the participants are engaged. Each peer group is facilitated by a trained spiritual director.

In the *second year*, the rhythm of meeting days is very similar to the first year; however, **the content** of the *second year* includes prayer experiences and sessions devoted to key issues of spiritual direction, further readings in spirituality, psychology, and Christian mysticism, and two-hour peer group sessions (4-6 people) for spiritual support and deepening the practice of spiritual direction.

SDSG sparked a fire I didn't know I was ready to light.

Fern Gaffey,
Spiritual Director

