

Souls on the Journey

Spirituality for the Second-Half of Life

Our focus for *Souls on the Journey* will be “Spirituality for the Second Half of Life.” We will continue to offer a retreat day for spiritual reflection and discussion with co-journeymen, sharing prayer time, discussion and experiential contemplation.

These days are open to anyone who would like to share gentle time together to meet Spirit. We would love if you can commit to all four events so all of us may more fully share this gift of becoming more fully alive!

Our Theme:

Taking care of unfinished business

Our Mantra: “Want what you have, do what you can, and be who you are!”

Forrest Church, *Love and Death*

Our Schedule:

10am to 3pm, Tuesdays:

September 14, and November 16, 2010;

January 18 and March 22, 2011

Leadership:

Both facilitators, **Kathleen Roney** and **Linda Klopp**, are trained spiritual directors and graduates of Oasis’ *Spiritual Direction for Spiritual Guides* and *Deepening Year for Direction Ministries*.

Where? Kenbrook (www.kenbrook.org) 190 Pine Meadow Road, Lebanon, PA 17046

Retreat Fee:

ONLY \$35-\$55 per gathering day
Register for all 4 gatherings for \$120 -
Save over 10%!

“These are the capstone years, the time in which a whole new life is in the making again. But the gift of these years is not merely being alive—it is the gift of becoming more fully alive than ever.”

Joan Chittister
The Gift of Years

SPIRITUALITY FOR THE SECOND HALF OF LIFE

2010/2011

Suggested overall workbook:

Life's Companion: Journal Writing as a Spiritual Quest by Christina Baldwin

Sept 14: defining and accepting our second half of life

Read: *Contemplation and Midlife Crisis: Examples from Classical and Contemporary Spirituality* by Rosemarie Carfagna

Nov 16: breaking open and healing
Read: *Broken Open: How Difficult Times Can Help Us Grow* by Elizabeth Lesser,

Jan 18: Aging into hope, joy, grace
Read: *The Gift of Years: Growing Older Gracefully* by Joan Chittister

March 22: Living fully-dying well
Read: *Love & Death, My Journey through the Valley of the Shadow* by Forrest Church



An annotated bibliography and other suggested readings can be found at oasismin.org

To register or receive more information, please contact Betsy Keller at 717.737.8222; betsykeller@oasismin.org

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