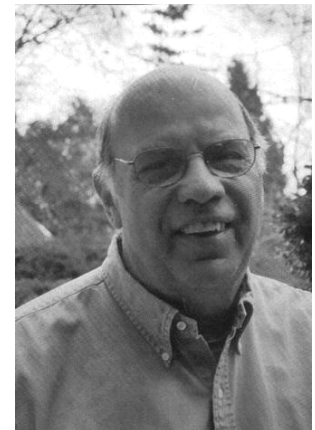


Gerald May Retreat Day

Transforming Attachments into Love

Come apart for a day to celebrate the life and works of Gerald May at Still Waters on the Conodoguinet Creek. Gerald May (1940-2005) practiced medicine and psychiatry for twenty-five years before becoming a senior fellow in contemplative theology and psychology at Shalem Institute for Spiritual Formation. He authored many books blending spirituality and psychology, including *Addiction and Grace*, *The Awakened Heart*, *Care of Mind/Care of Spirit*, *Will and Spirit*, and *The Wisdom of Wilderness*. Our day together will be a blend of contemplating selected writings, time for retreat into solitude and silence, and time for shared dialogue.

Leadership: Sanford Alwine has had a therapy, counseling and spiritual direction practice in Carlisle, PA, for many years. He has facilitated programs in spiritual formation and direction with Oasis Ministries for over fifteen years, and also worked with Kairos School of Spiritual Formation teaching contemplative spirituality. He studied with Gerald May at Shalem Institute and "considers him among the most authentically real persons to have walked this journey we call Life." Sanford and his wife, Lois, are co-directors of Still Waters Retreat House, a place dedicated to nurturing the contemplative life.



When?

Friday, October 15, 2010

9:30 a.m. – 3:30 p.m.

Where? Still Waters Retreat Center

501 W. Slate Hill Road, Carlisle, PA 17013

Retreat Fee?

\$75-\$95 (as you are able)

Lunch is provided.

Registration Deadline: October 1, 2010

To register or receive more information, please contact Betsy Keller at 717.737.8222; betsykeller@oasismin.org

Love is the "why" of life,
why we are functioning at all.

I am convinced
it is the fundamental energy
of the human spirit.
the fuel on which we run,
the wellspring of our vitality.

Gerald May
Living in Love



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