



SEPTEMBER 2010
TO MAY 2011

Deepening Year for Direction Ministries



Oasis

Ministries For Spiritual Development
419 Deerfield Road
Camp Hill, PA 17011

When we gather in a spiritual direction session we are called to recognize the holy ground upon which all life stands. Together we probe what God is growing in that ground. We seek for our unique place among the growing shoots of life we see. We listen for how the Spirit is loosening, planting, pruning, healing and enjoying us.

~Tilden Edwards
Spiritual Direction, Spiritual Companion

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Celebrating Over 20 years of Creating
Contemplative Community!
www.oasismin.org

Deepening Year for Direction Ministries

(DYDM) is a year-long program in continuing education consisting of two retreats and six monthly sessions for practicing spiritual directors who desire to deepen their discernment and enhance their direction skills in a contemplative approach to the art of spiritual direction.



Each month includes:

- ◆ Opportunities to observe spiritual direction sessions followed by group reflection
- ◆ Listening to presentations by staff and guests on topics and themes of the day
- ◆ Inter-active reflection and dialogue with staff on various themes
- ◆ Engagement with themes through guided retreat time.
- ◆ Peer sharing, mutual support, and the experience of contemplative community
- ◆ Use of verbatim and response questions to enhance growth in discernment
- ◆ Sharpening skills through supervision by staff and peers
- ◆ Celebrating gifts and growth in self-awareness and self-understandings
- ◆ Developing the art of prayerful self-supervision

Topics explored this year include:

- ◆ Manifestations of grace and spiritual transformation
- ◆ Resistance: its meaning and message
- ◆ Transference and counter-transference
- ◆ Ways we can listen to dreams
- ◆ Developmental cycles in the spiritual life
- ◆ Loss and mourning: a recurring experience
- ◆ Story and metaphor: language for direction
- ◆ Addiction and co-dependency
- ◆ Body wisdom and non-verbal communication
- ◆ Darkness, spiritual dryness, and suffering
- ◆ Love, Mysticism and Desire
- ◆ Mindfulness and Contemplative Awareness
- ◆ Discernment and interior freedom
- ◆ Self-care for spiritual directors and their directees
- ◆ Legal and ethical issues of spiritual direction

LEADERSHIP

Jo Ann Kunz, M.A., serves as a Senior Pastor at a non-denominational Christian church located in Lititz, PA. She teaches spiritual formation/spiritual direction at both Eastern University and Evangelical Theological Seminary, as well as being a certified Enneagram trainer. Jo Ann has been part of the faculty of Oasis Ministries since 2001. She serves as a retreat and workshop facilitator, maintains a private spiritual direction practice, and holds a special interest in dream work.

Ruth Workman, Ed.M., M.A., is a Certified Spiritual Director, Retreat Leader, and Certified Supervisor of Spiritual Directors. She earned a Master of Education at Rutgers University and a Master of Arts in Holistic Spirituality and Spiritual Direction from Chestnut Hill College. She has been offering Spiritual Direction since 1995. In addition to her ministry of individual spiritual direction she offers contemplative retreats at The Sanctuary, her home in Stone Harbor, NJ, and facilitates spiritual direction groups at Princeton Theological Seminary. Ruth retired from the Langhorne Presbyterian Church in 2009 after 20 years of service as Pastoral Care Associate. She is ordained as an elder in the Presbyterian Church USA.

“I firmly believe that our task as spiritual directors requires us to continue to grow in skill and sensitivity in this ministry so that God’s own spirit might guide us.”

— Janet K. Ruffing,
Spiritual Direction: Beyond the Beginnings

TUITION: \$1,950*
Plus an Application Fee of \$200
(non-refundable after program begins).

If application fee received by May 30, discount \$50 from application fee.

If application fee received after August 30, add \$50 to application fee.

*Tuition may be made in five equal payments of \$390 every other month (beginning in August).

Some scholarship assistance is available. Visa/Mastercard/Discover are welcome.

Participants of the Deepening Year must:

- Be graduates of either Oasis’ *Spiritual Direction for Spiritual Guides* (SDSG) program, or another equivalent program
- Be practicing spiritual directors
- Be meeting regularly with a spiritual director themselves
- Provide two letters of recommendation (if not a graduate of Oasis programming)
- Provide a personal letter stating the reason(s) for their interest in the program and specifically what they hope to gain from the program

LOCATION

Kenbrook (45 minutes east of Harrisburg), 190 Pine Meadow Rd. Lebanon, PA 17046
Phone: 717.865.4547
www.kenbrook.org

Class Size limited to 12. Continuing Education Credit available: 6.6 CEUs per year.

DATES

OPENING RETREAT

3:30 p.m., Sunday, **October 3, 2010** through 5:00 p.m.,
Monday, October 4, 2010

MONTHLY SESSIONS

(Mondays)

10:00 a.m. – 5:00 p.m.

November 1, December 6, 2010
January 10, February 7, March 7,
April 4, 2011

CLOSING RETREAT

3:30 p.m., **Sunday, May 1, 2011**
through 5:00 p.m., **Monday, May 2, 2011**

“I think the program is a fit for anyone choosing to live a contemplative life - or even beginning to pray about it. I have found a safe path to prayerfully explore my journey with Grace.”

Linda Klopp
2006 graduate of DYDM



Deepening Year for Direction Ministries ♦ APPLICATION/INFORMATION FORM ♦ 717-737-8222

NAME _____ PHONE(S) HOME _____ WORK _____ FAX _____ EMAIL: _____
ADDRESS _____ CITY/TOWN _____ STATE _____ ZIP _____
 Applying for DYDM* Requesting more information on DYDM & other Oasis programs Desire a phone call to talk about program
 Please add me to your mailing list
RELIGIOUS AFFILIATION _____ I HAVE A SPIRITUAL DIRECTOR (NAME) _____
DESIRE A SUGGESTION FOR A SPIRITUAL DIRECTOR _____
*APPLICATION FEE ENCLOSED \$ _____ (check payable to "Oasis Ministries" OR VISA / MC/DISCOVER also welcomed)
VISA/MC/DISCOVER # _____ EXP. DATE ____/____ 3-digit SEC. CODE (on back of card) _____

***To apply to DYDM, Complete this application & please attach a short statement** (approximately one page, single-spaced) **answering:**

- ♦ A short statement (approximately one page, single spaced) giving the reason(s) you are interested in this program, and what you hope to gain from this program.
- ♦ The name, address and phone number of the training program which prepared you as a spiritual director.
- ♦ The names, addresses and phone numbers of two persons who will act as references for you and be supportive through this time. Please ask each to write Oasis a brief letter outlining how they think this program would be right for you at this time.

Please send this page and any additional, pertinent information to Betsy Keller, Oasis Ministries for Spiritual Development, 419 Deerfield Road, Camp Hill, PA 17011