

Oasis Ministries
DEEPENING YEAR FOR DIRECTION MINISTRIES 2005-2006

Monthly Themes & Reading Assignments

• SEPTEMBER 27-28, 2005 – OPENING RETREAT

Theme: THE SPIRITUALITY OF SELF-CARE: Nurturing Wellness in Director and Directee

Required Reading Assignments: (Read before the opening retreat)

Books:

Epperly, Bruce G. & Lewis D. Solomon, *Walking in the Light: A Jewish-Christian Vision of Healing and Wholeness*, pp. 1-112.

Rolheiser, Ronald, *The Holy Longing: The Search For a Christian Spirituality*
Chapter 10: "Sustaining Ourselves in the Spiritual Life," pp. 213-241.

Vest, Norvene, *Still Listening: New Horizons in Spiritual Direction*, Chapter 12: "Flesh is More Than Flesh": *Sexuality and Spirituality in Spiritual Direction*. (Janet Ruffing) pp. 171-182.

Wuellner, Flora Slosson, *Prayer and Our Bodies*, pp. 9-78.

Packet Articles:

Au, Wilkie, "Holistic Discernment," *Presence*, Vol. 11, No. 1, February 2005

Morris, Robert C. "Holy and Glorious Flesh: The Transfiguration of Desire," *Weavings*, Vol. XIV, No. 4, July/August 1999

Sweeney, Jon M., "Introduction," *Praying with Our Hands: 21 Practices of Embodied Prayer from the World's Spiritual Traditions*, (Woodstock, VT: SkyLight Paths Publishing). ISBN 1-893361-16-0

Recommended for Further Reading:

Books:

Brach, Tara, *Radical Acceptance: Embracing Your Life with the Heart of a Buddha*, (New York: Bantam Books, 2003) ISBN 0553380990

Clinebell, Howard, *Anchoring Your Well Being: Christian Wholeness in a Fractured World* (Nashville: Upper Room, 1997) ISBN 0835808211

de Mello, Anthony *Praying Body and Soul* (New York: Crossroad Publishing Co., 1998) ISBN 0824516737

de Mello, Anthony, *Sadhana*, (New York: Image Books/Doubleday, 1978) ISBN 0385196148

Domar, Alice D., *Self-Nurture: Learning to Care for Yourself as Effectively as You Care for Everyone Else*, (New York: Viking, 2000) ISBN 0-670-88286-0

Galilea, Segundo, *Temptation and Discernment*, (Washington, DC: ICS Publications, 1996) ISBN 093521657X

Mueller, Joan, *Faithful Listening: Discernment in Everyday Life*, (Lanham, MD: Sheed & Ward, 1996) ISBN 1556129009

• NOVEMBER 2, 2005

Theme: TRANSFORMED BY GRACE

Required Reading Assignments:

Books:

Barry, William and Kerry Maloney, eds., *Hunger for God: Ten Approaches to Prayer*, Chapter 6: "Changing Images of God Throughout a Life of Prayer," (Margaret Gorman) pp. 67-75

Dreyer, Elizabeth, *Manifestations of Grace:*

Introduction, pp. 3-8

Chapter 3: "Elements in a First Description of Grace," pp. 20-25

Chapter 4: "Past Faulty Directions," pp. 26-32

"Biblical Foundations," pp. 41-42

Chapter 6: "'Honey Pressed Down and Running Over': Hebrew Scriptures," pp. 43-53

Chapter 7: "New Creation in Christ: Paul of Tarsus," pp. 54-64

Chapter 13: "The Passion of God: Grace as Self-Gift," pp. 161-169

Chapter 14: "The Human Person Fully Alive!" pp. 170-189

Chapter 15: "In the Company of the Cosmos," pp. 190-211

Packet:

Alexander, Irene, et. al, "Liminal Space and Transitions in the Journey," *Conversations*, Vol. 2:2, Fall 2004.

Conn, Walter E., "The Self in Radical Transformation: Spiritual Direction for Christian Conversion," *The Desiring Self*, (Mahwah, NJ: Paulist Press, 1998).

Culligan, Kevin G., "Direction in the Various Stages of Spiritual Development," Rose Page, *Spiritual Direction: Contemporary Readings* (Locust Valley NY: Living Flame Press, 1983).

Hide, Kerrie, "Sweet Touchings of Grace: Reflections on the Theology of Grace from Julian of Norwich," *Presence*, Vol. 3, No. 2, May 1997.

Liebert, Elizabeth, "Images and Assumptions about Spiritual Direction," *Changing Life Patterns: Adult Development in Spiritual Direction*, (St. Louis, MO: Chalice Press, 2000). ISBN 0827204795

Manning, Brennan, "The Grace of Wonder," *Amazed by Grace*, Elizabeth Kea, ed., (Nashville, TN: W Publishing Group, 2003). ISBN 0849918073

Searle, Mark, "*The Journey of Conversion*," *Worship*, 54(1), 1980.

Classics:

Buechner, Frederick, *The Alphabet of Grace*, (HarperSanFrancisco, 1989). ISBN 0060611790

Recommended for Further Reading:

Books:

Enger, Leif, *Peace Like A River*, (New York: Grove Press, 2002). ISBN 0802139256

Kerr, Hugh T. and John M. Mulder, eds., *Famous Conversions: The Christian Experience* (Grand Rapids, MI: Eerdmans Publishing Co., 1983) ISBN 0802840655

Kidd, Sue Monk, *The Dance of the Dissident Daughter*, (HarperSanFrancisco, 1996). ISBN 006064589X

Loder, James, *The Transforming Moment*, (Colorado Springs, CO: Helmers & Howard Publishing, 1989). ISBN 0939443171

Macy, Joanna, *Widening Circles*, (Gabriola Island, British Columbia: New Society Publishers, 2000). ISBN 0865714207

Morris, Robert Corin, *Wrestling With Grace: A Spirituality for the Rough Edges of Daily Life*, (Nashville: Upper Room Books, 2003). ISBN 0835809854

Norris, Kathleen, *Amazing Grace: A Vocabulary of Grace*, (New York: Riverhead Books, 1999). ISBN 1573227218

Sharp, Joseph, *Spiritual Maturity: Stories and Reflections for the Ongoing Journey of the Spirit* (New York: Perigree Books, 2001). ISBN 039952679X

Classics:

Augustine of Hippo, *Confessions*, Oxford's Word Classics, (New York: Oxford University Press, 1998). ISBN 0192833723

Lewis, C.S., *Surprised by Joy: The Shape of My Early Life*, (Harvest Books, 1966) ISBN 0156870118

• **DECEMBER 7, 2005**

Theme: FINDING AND LOSING OURSELVES IN LOVE

Required Reading Assignments:

Books:

Barry, William and Kerry Maloney, eds., *Hunger for God: Ten Approaches to Prayer*, Chapter 1: "The Universe at Prayer: What Does It Mean to Pray?", pp. 1-9

Rolheiser, Ron, *The Shattered Lantern*, Parts II & III, pp. 77-206

Rolheiser, Ronald, *The Holy Longing*, Chapter 1: "What is Spirituality?" pp. 3-19

Ruffing, Janet, *Spiritual Direction: Beyond the Beginnings*

Chapter 1: "Praying for What We Want: Sorting Out Our Desires" pp. 9-31

Chapter 4: "Searching for the Beloved: Love Mysticism in Spiritual Direction," pp. 95-123

Chapter 5: "Mutuality with God: 'Where Beloved and Loved One Shall Wholly Flow Through Each Other'" pp. 125-154

Packet:

Govan, John, "Spiritual Direction for a Contemplative," *The Way*, Supplement 54, Autumn 1985.

Savary, Louis M., Patricia H. Berne, Strehon Kaplan Williams "Introduction," "Dreamwork Technique 2: TTAQ," "Dreamwork and Holiness: The Spiritual Director's Perspective," *Dreams and Spiritual Growth: A Judeo-Christian Way of Dreamwork* (Mahwah, NJ: Paulist Press, 1984). ISBN 080912629X

Sheldrake, Phillip, "A Spirituality of Desire?"; "Desire and God," *Befriending Our Desires* (Ave Maria Press, 1994) ISBN 0877935378

Taylor, Jeremy, "Twenty-one Basic Hints for Group Dream Work," *Dream Work* (Mahwah, NJ: Paulist Press, 1982) ISBN 0809125250

Classics:

Dupre, Louis & James A. Wiseman, *Light from Light: An Anthology of Christian Mysticism*, General Introduction, pp. 3-14

Soelle, Dorothee, *The Silent Cry: Mysticism and Resistance*

Chapter 1: "We are All Mystics," pp. 9-27

Chapter 2: "Ecstasy," pp. 27-44

Chapter 7: "Eroticism," pp. 113-131

Chapter 10: "Joy," pp. 175-187

Recommended For Further Reading:

Books:

Carse, James, *Breakfast at the Victory: The Mysticism of Ordinary Experience* (HarperSanFrancisco, 1995) ISBN 0062511718

Rolheiser, Ronald, *Against an Infinite Horizon: The Finger of God in Our Everyday Lives*, (New York: Crossroad Publishing, 2002) ISBN 0824519655

Packet:

McCarty, Shaun, "Spiritual Directors: Teachers and Guardians of Mystery," *Presence*, Vol. 4, No. 1, January 1998

Classics:

Barks, Coleman, *The Essential Rumi*, (HarperSanFrancisco, 1997). ISBN 0062509594

Dupre, Louis & James A. Wiseman, *Light from Light: An Anthology of Christian Mysticism*,
Chapter 13: Catherine of Sienna, pp. 265-283
Chapter 17: Francis de Sales and Jeanne de Chantal, pp. 361-381
Chapter 18: Jonathan Edwards, pp. 382-411

Merton, Thomas, *The Inner Experience: Notes on Contemplation* (HarperSanFrancisco, 2004)
ISBN 0060593628

• **JANUARY 4, 2006**

Theme: RESISTANCE AND IMAGE

Required Reading Assignments:

Books:

Barry, William and Kerry Maloney, eds., *Hunger for God: Ten Approaches to Prayer*, Chapter
10: *Praying Through the Non-Christian*, pp. 130-142

Dreyer, Elizabeth, *Manifestations of Grace*, Chapter 2: *"The Reflected Life: The Centrality of
Experience,"* pp. 14-19

Law, Eric H.F., *The Wolf Shall Dwell with the Lamb: A Spirituality for Leadership
in a Multicultural Community*, pp. 1-88

Ruffing, Janet, *Spiritual Direction: Beyond the Beginnings*,
Chapter 3: *"Endlessly Inventive Evasion: Resistance in Spiritual Direction,"* pp. 57-94
Chapter 6: *The "As If" Relationship: Transference and Countertransference in Spiritual Direction,*
pp. 155-180

Vest, Norvene, *Still Listening*,
Chapter 5: *"Generations Our Differences and Similarities: How Generational Studies Enlighten
Spiritual Direction"*(Howard Rice), pp. 63-76;
Chapter 7: *"Can I Get a Witness? Spiritual Direction the Marginalized"* (Juan Reed), pp. 93-104

Packet:

Morris, Robert, *"Face to Face," Weavings, Vol. XII, No. 1, January/February 1997.*

Rakoczy, Susan, *"When Difference Matters: Reflections on Spiritual Direction in Cross-
Cultural Settings," The Way, Supplement 91,*

Sheehan, Barbara, *"The Art of Confrontation in Spiritual Direction," Presence, Vol. 4, No. 5,
September 1998.*

Classics:

Dupre, Louis & James A. Wiseman, *Light from Light: An Anthology of Christian
Mysticism*, (Paulist Press, 2001) ISBN 0809140136. Chapter 4: Pseudo-Dionysus,
pp. 79-94; Chapter 8: Meister Eckhart, pp. 153-181

Strongly Recommended:

Packet:

Carse, James P., “*What Can God Properly Give,*” “*What We Can Properly Receive From God.*” *The Silence of God: Meditations on Prayer* (Simon & Schuster, 1995) ISBN: 0060614102.

Classic:

Heschel, Abraham Joshua, *Man’s Quest for God* (Santa Fe, NM: Aurora Press, 1954) ISBN 0943358485. pp. 3-151

Recommended for Further Reading:

Books:

Fischer, Kathleen, *Women at the Well: Feminist Perspectives on Spiritual Direction*, (Paulist Press, 1998) ISBN 0809130181.

Chapter 3: “*Women Experiencing and Naming God*”

Chapter 10: “*Grandmothers, Mothers, and Daughters: The Spiritual Legacy.*”

• **FEBRUARY 1, 2006**

Theme: “GOD COMES THROUGH THE WOUND”

Required Reading Assignments:

Books:

Kurtz, Ernest and Katherine Ketchum, *The Spirituality of Imperfection: Storytelling and the Search for Meaning*

Chapter 3: “*The Reality of Limitation,*” pp. 42-55

Chapter 7: “*Spirituality is Essential ... but Different,*” pp. 105-117

Chapter 8: “*Not Magic, but Miracle,*” pp. 118-129

Chapter 9: “*An Open-Ended Spirituality,*” pp. 130-143

May, Gerald, *Addiction and Grace: Love and Spirituality in the Healing of Addictions*, whole book.

Vest, Norvene, *Still Listening*, Chapter 3: “*Spiritual Direction with an Addicted Person*” (Barry Woodbridge), pp. 37-48

Packet:

Bowler, James M., “*Shame: A Primary Root of Resistance to Movement in Direction,*” *Presence*, Vol. 3, No. 3, September 1997.

Kunz, Jo Ann, “*Reflections on Recovery for Spiritual Directors,*” unpublished.

Classics:

Dupre, Louis and James A. Wiseman, *Light from Light: An Anthology of Christian Mysticism* (Paulist Press, 2001) ISBN 0809140136 Chapter 5: *Bernard of Clairvaux*, pp. 95-114

Recommended:

Books:

Nemeck, Francis Kelly and Marie Theresa Coombs, *O Blessed Night: Recovering from Addiction, Codependency and Attachment based on the insights of St. John of the Cross and Pierre Teilhard de Chardin*

• **MARCH 1, 2006**

Themes: THE QUESTION OF DRYNESS, SUFFERING AND PAIN IN SPIRITUAL DIRECTION; GRIEF AND AGING; END OF LIFE ISSUES

Required Reading Assignments:

Books:

Rolheiser, Ronald, *The Holy Longing: The Search For a Christian Spirituality*, Chapter 7: "A Spirituality of the Paschal Mystery," pp. 141-166

Soelle, Dorothee, *The Silent Cry: Mysticism and Resistance*, Chapter 8: "Suffering," pp. 133-156

Vest, Norvene, *Still Listening*,

Chapter 2: "Spiritual Direction with Traumatized Persons" (Joseph D. Driskill), pp. 17-36

Chapter 8: "Companions at the Threshold: Spiritual Direction with the Dying," pp. 105-118

Yungblut, John R., *On Hallowing One's Diminishments*

Packet:

Blomquist, Jean M., "The Close and Holy Darkness," *Weavings*, Vol. XVII, No. 1, j
January/February 2002

Carol, Joy, "Healing for Dying: Lessons for Life and Living," *Presence*, Vol. 7, No. 3,
October 2001

Emeth, Elaine, "Lessons from the Holocaust: Living Faithfully in the Midst of
Chaos," *Weavings*, Vol. XIII, No. 2, March/April 1998

Palmer, Parker, "All the Way Down: Depression and the Spiritual Journey,"
Weavings, Vol. XIII, No. 5, September/October 1998

Sullender, R. Scott, "What is Grief?" "The Dynamics of Grief," *Grief and Growth: Pastoral
Resources for Emotional and Spiritual Growth*, (Paulist Press, 1985) ISBN 0809126524.

Thurman, Howard, "Pain has a Ministry," *Weavings*, Vol. XVII, No. 5, September/October 2002

Classics:

Dupre, Louis & James A. Wiseman, *Light from Light: An Anthology of Christian Mysticism*
(Paulist Press, 2001) ISBN 0809140136 Chapter 19: Therese of Lisieux, pp. 412-428

Strongly Recommended:

Books:

Hillesum, Etty, *An Interrupted Life: The Diaries of Etty Hillesum, 1941-43, Introduction and The Diaries*

Barry, William and Kerry Maloney, eds., *Hunger for God: Ten Approaches to Prayer, "The Interrupted and Yet Completed Life of Etty Hillesum,"* pp. 82-96

Packet:

Pleshoyano, Alexandra, "*Etty Hillesum: For God and With God,*" *The Way*, Vol. 44, No. 1, January 2005

Recommended for Further Reading:

Books:

Chittister, Joan, *Scarred by Struggle, Transformed by Hope*, (Grand Rapids, MI: Eerdmans Publishing Co., 2003) ISBN 0802812163

Fischer, Kathleen, *Winter Grace: Spirituality for the Later Years* (Mahwah, NJ: Paulist Press, 1985) ISBN 0809126753

Classics:

Buechner, Frederick, *Now and Then: A Memoir of Vocation*, (HarperSanFrancisco, 1991) ISBN 0060611820

Lewis, C.S., *A Grief Observed*, (HarperSanFrancisco, 2001) ISBN 0060652381

• **APRIL 5, 2006**

Themes: BROADENING OUR HORIZONS – Spiritual Direction and Social Justice; Spiritual Direction as Whole-Life Experience; LEGAL AND ETHICAL ISSUES

Required Reading Assignments:

Books:

Gula, Richard, *Ethics in Pastoral Ministry*, pp. 31-141

Rolheiser, Ron, *The Holy Longing: The Search For a Christian Spirituality*, Chapter 8: "A Spirituality of Justice and Peacemaking," pp. 167-191

SDI Ethical Guidelines, Spiritual Directors International.

Vest, Norvene, *Still Listening*,

Chapter 4: "Wary Seekers: Spiritual Direction with Church Dropouts" (Norvene Vest), pp. 49-59

Chapter 9: "Let the Oppressed Go Free": *Spiritual Direction and the Pursuit of Justice* (Kenneth Leech), pp. 121-134

Chapter 13: "A Graph of Spirituality: Understanding Where We are Going and Knowing Where We Have Been," pp. 183-198

Packet:

Foster, Jonathan, "*Liability Issues in a Ministry of Spiritual Direction*," *Presence*, Vol. 2, No. 3, September 1996

Gula, Richard, "*Professionalization, Power and Dependence*," *The Way*, Supplement 91

Keegan, James, "*To Bring All Things Together: Spiritual Direction as Action for Justice*," *Presence*, Vol. 1, No. 1, January 1995

Mabry, John R., "*The Care and Feeding of the Gen-X Soul*," *Tending the Holy: Spiritual Direction Across Traditions*, Norvene Vest (Morehouse Publishing, 2003) ISBN 0819219185.

Overberg, Kenneth, "*Christian Ethics and the Spiritual Director*," *Presence*, Vol. 3, No. 2, May 1997

Pickens, Sandra Lommasson, "*Looking at Dual Relationships: Danger or Opportunity?*" *Presence*, Vol. 2, No. 2, May 1996

Shea, Elinor, "*Spiritual Direction and Social Consciousness*," *The Way*, Supplement 54, Autumn 1985

Willis, Robert, "*Professionalism, Legal Responsibilities and Record-Keeping: A Conversation with Robert Willis*," *Presence*, Vol. 1, No. 1, January 1995.

Recommended for Further Reading:

Books:

Bullis, Ronald K. and Cynthia S. Mazur, *Legal Issues and Religious Counseling*, (Louisville, KY: Westminster/John Knox Press, 1993) ISBN 0664253865

Groff, Kent Ira, *What Would I Believe If I Didn't Believe Anything? A Handbook for Spiritual Orphans*, (San Francisco: Jossey-Bass, 2004) ISBN 0787967580

Tutu, Desmond, *God Has a Dream: A Vision of Hope for Our Time*, (Doubleday, 2004) ISBN 0385477848

Vennard, Jane, *Embracing the World: Praying for Justice and Peace*, (San Francisco: Josey-Bass, 2002) ISBN 0787958875

Classics:

Olmsted, Sterling, *Motions of Love: Woolman as Mystic and Activist* (Pendle Hill Pamphlet #312) Wallingford, PA: Pendle Hill Publications, 1993. ISBN 0875743129

Woolman, John, *The Journal and Major Essays of John Woolman* (Phillips Moulton, ed.), Richmond, IN: Friends United Press, 1989. ISBN 0944350100

- MAY 2-3, 2006 – CLOSING RETREAT

Theme: FLOW AND CREATIVITY IN SPIRITUAL DIRECTION

Required Reading Assignments:

Books:

Metcalfe, Linda Trichter, *Writing the Mind Alive: The Proprioceptive Method of Finding Your Authentic Voice*, whole book.

Vest, Norvene, *Still Listening*, Chapter 11: "Not Words Alone: Spiritual Direction with Visual Images" (Betsy Caprio Hedberg), pp. 153-170

Packet:

Dueck, Al and Gabrielle Taylor, "Imaginative Prayer," *Conversations*, Vol. 2:1, Spring 2004

Hieb, Marianne "The Epiphany Cycle: The Spiritual Journey as a Creative Process," *Presence*, Vol. 11, No. 2, June 2005

Hieb, Marianne, "The Prayer of Art Journaling and Spiritual Direction," *Presence*, Vol. 2, No. 1, January 1996

Hieb, Marianne, "Icon Space and Spiritual Direction," *Presence* Vol. 2, No. 2, May 1996

Rolheiser, Ron, "Poets, Imagination, the Mother Tongue and Religious Language – Paschal Imagination," *Against an Infinite Horizon*, (New York: The Crossroad Publishing Co., 2002) ISBN 0824519655

Root-Bernstein, Michelle and Robert, "Body Thinking," *Sparks of Genius: The Thirteen Thinking Tools of the World's Most Creative People* (New York: Houghton Mifflin Co., 1999) ISBN 0618127453

Classics:

Dupre, Louis & James A. Wiseman, *Light from Light: An Anthology of Christian Mysticism*
Chapter 6: Francis of Assisi and Clare of Assisi, pp. 115-130
Chapter 7: Bonaventure, pp.131-152

Recommended for Further Reading:

Books:

De Waal, Esther, *Lost in Wonder: Rediscovering the Spiritual Art of Attentiveness* (Collegetown, MN: The Liturgical Press, 2003) ISBN 081462992X

Fischer, Kathleen R., *The Inner Rainbow: The Imagination in Christian Life* (New York: Paulist Press, 1983) ISBN 080912498X

Hamma, Robert, *Landscape of the Soul: A Spirituality of Place*, (Ave Maria Press, 1999) ISBN 0877936722

O'Donohue, John, *Beauty: The Invisible Embrace* (New York: HarperCollins, 2004) ISBN
0060196432

Classics:

Sayers, Dorothy *The Mind of the Maker*, (HarperSanFrancisco, 1987) (reprint of 1941 edition).
ISBN 0060670770