

## *Bibliography for 2008-2009; Year II*

### **SPIRITUAL DIRECTION FOR SPIRITUAL GUIDES**

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Area Cokesbury Bookstores (Harrisburg, Point Mall, 877-577-8541; Lancaster Theological Seminary, 717-393-1077; King of Prussia, 610-265-3341; and Baltimore, 410-788-1900) have agreed to carry a certain quantity of our books, as has Byron Borger, Hearts & Minds Bookstore, 234 East Main Street, Dallastown, PA 17313 <<http://www.heartsandmindsbooks.com>, 717-246-3333 (10% discount.) But please call ahead to reserve books and avoid disappointment. You may also order online at [amazon.com](http://amazon.com), [half.com](http://half.com), or [alibris.com](http://alibris.com); all of which sell used books.

### **YEAR II ESSENTIAL READINGS** (Required texts)

#### **SPIRITUAL FORMATION & DIRECTION:**

Kenneth J. Collins, Ed. *Exploring Christian Spirituality: An Ecumenical Reader*, (Baker Books, Grand Rapids, 2000) ISBN 0-8010-2233-9

William A. Barry & William J. Connolly, *The Practice of Spiritual Direction* (HarperSF) ISBN 0-86683-951-8

Thomas Hart, *The Art of Christian Listening* (Paulist Press, 1980) ISBN 0-8091-2345-2

Gerald May, *Care of Mind, Care of Spirit* (Harper, 1982) ISBN 0-06-0655674

Gerald May, *The Dark Night of the Soul* (HarperSF, 2004) ISBN 0-06-055423-1

J. Phillip Newell, *Listening for the Heartbeat of God: A Celtic Spirituality* (Paulist Press, 1997) ISBN 8091-3759-3

[OR: with the idea that some will read *Listening...* and others *Christ...*]

J. Phillip Newell, *Christ of the Celts: The Healing of Creation* (Jossey-Bass, 2008) ISBN 470-18350-2

Norvene Vest, ed. *Still Listening: New Horizons in Spiritual Direction* (Morehouse/Harrisburg, 2000)  
ISBN 0-8192-1814-6

Bill Tabor, *The Four Doors to Meeting for Worship*, Pendle Hill Publications (*Booklet provided at opening retreat*)

#### **CONTEMPORARY MEMOIR AND LITERATURE**

Kathleen Norris, *The Cloister Walk* (NY: Riverhead Books) ISBN 1-57322-5843

#### **SPIRITUAL CLASSICS** (One brief classic assigned each month; portions highlighted in syllabus).

Jean-Pierre deCaussade, *The Sacrament of the Present Moment* (HarperSF, 1989) ISBN 0-06061811-6

Bonaventure, *The Life of St. Francis*; (HarperCollins Spiritual Classics or other version)

Teresa of Avila, *The Interior Castle* (Harper) ISBN 0385-0364-34, or any edition.

Thomas Kelly, *Testament of Devotion* (HarperSanFrancisco, 1992) ISBN 0-06064-361-7

Howard Thurman, *For The Inward Journey* (Richmond IN: Friends United Press) ISBN 0-5-132656-8

John of the Cross, *Selected Writings*, Ed. Kieran Kavanaugh, O.C.D., (NY: Paulist)

ISBN 0-8091-2839-X (includes Dark Night and The Ascent, with John's own commentary).

*Thomas Merton: Essential Writings*, selected by Christine M. Bochen, (Orbis, 2000) ISBN 1-57075-331-8

### **YEAR II RECOMMENDED READINGS**

Rose Mary Dougherty, *Group Spiritual Direction* (Paulist, 1995) ISBN 0-8091-3598-1

Louis Dupre & James A. Wiseman, ed. *Light From Light* (Paulist Press, 2001) ISBN 0-8091-4013-6

Kathleen Fischer, *Transforming Fire: Women Using Anger Creatively* (Paulist Press, 1999) ISBN 0-8091-3902-2

Kathleen Fischer, *Women At The Well: Feminist Perspectives on Spiritual Direction* (Paulist Press, 1988)  
ISBN 0-8091-3018-1

Kent Ira Groff, *Journeyman: A Spiritual Guide for Men (and for Women Who Want to Understand Them)*  
(Upper Room Books) ISBN 0-8358-0862

Roger Housden, *{Risking Everything} 110 Poems of Love and Revelation*. (Harmony Books, 2003) ISBN 1-4000-4799-4

**Bibliography, Year II, 2008-2009**

- David Impastato, *Upholding Mystery: An Anthology of Contemporary Christian Poetry* (Oxford Univ. Press, 1997) ISBN 0-19-510400-5
- Sue Monk Kidd, *The Dance of the Dissident Daughter: A Woman's Journey from Christian Tradition to the Sacred Feminine* (HarperCollins, 2002) ISBN 10:0-06-114490-8
- Sue Monk Kidd, *When The Heart Waits: Spiritual Direction for Life's Sacred Questions* (SF: HarperCollins) ISBN 0-06-064587-3
- Francis Nemeck, OMI, and Marie Theresa Coombs, Hermit, *O Blessed Night: Recovering from Addiction, Codependency and Attachment based on the Insights of St. John of the Cross and Pierre Teilhard de Chardin* (Alba House, 1991) ISBN 0-8189-0587-5
- David Steindl-Rast, *Music of Silence: A Sacred Journey through the Hours of the Day* (Seastone, 1998)
- Alice Walker, *The Color Purple* (book available at any bookstore; or view the video!)
- Esther de Waal, *The Celtic Way of Prayer: The Recovery of the Religious Imagination* (Doubleday, 1997)
- Robert J. Wicks, Ed. *Handbook of Spirituality for Ministers* (Paulist Press, 1995) ISBN 0-8091-3521-3

**YEAR II RECOMMENDED FOR PERSONAL PRAYER LIFE**

- A Guide to Prayer for Ministers & Other Servants* (1983) or *A Guide to Prayer for all God's People* (1991), both published by Upper Room, Nashville. Either: same format, for daily prayer and reading; each includes Models for Personal Retreat in back.
- Tilden Edwards, *Living in the Presence: Disciples for the Spiritual Heart/Spiritual Exercises to Open Your Life to the Awareness of God*, (SF, Harper & Row) 1987, 1995
- Mark Nepo, *The Book of Awakening: Having the Life You Want* by Being Present to the Life You Have (Conari Press, 2000) ISBN 1-57324-117-2
- J. Philip Newell, *Celtic Treasure: Daily Scripture and Prayer* (Eerdmans, 2005) ISBN 0-8028-2983-X
- J. Philip Newell, *Sounds of the Eternal: A Celtic Psalter; Morning and Night Prayers* (Eerdmans, 2002) ISBN 0-8028 0513-2
- Jan Richardson, *In Wisdom's Path: Discovering the Sacred in Every Season* (The Pilgrim Press, 2000) ISBN 0-8298-11324-1
- Joyce Rupp, *The Cup of Our Life* (Ave Maria, 1997) ISBN 0-87793-625-0 (prayer and journaling exercises)
- Desmond Tutu, *An African Prayer Book* (Doubleday, 1995) ISBN0-385-47730-9
- Esther de Waal, *Lost in Wonder* (Liturgical Press, 2003) ISBN 1-8146-2992-X (Great for reading prior to retreat)
- Macrina Wiederkehr, *Seven Sacred Pauses: Living Mindfully Through the Hours of the Day*, (Sorin Books, 2008)

**YEAR II GUIDELINES FOR OUR COMMUNITY: "I COVENANT TO..."**

1. Continue to see a spiritual director/companion for myself throughout the program.
2. Continue to have at least two persons who are meeting with me for spiritual direction.
3. Take a *minimum* of an overnight and day apart for silent retreat in solitude during this program year.
4. Write two brief reflection papers:  
**First paper:** on topic a. **OR** b. below, due by **February** meeting.
  - a. A particular spirituality, i.e. Benedictine, Franciscan, Carmelite, etc.
  - b. Spiritual Direction in a particular context, i.e. direction with the aging, men/women, the unchurched, etc.**Second paper** due by **April** meeting: An integrative paper that pulls together your learning in SDSG with your practice of spiritual direction with others. (What is your calling in relation to spiritual direction? Where do you feel drawn in your own spiritual formation and in your ministry of direction? Where to from here?)  
(All papers should be integrative in nature, 2-4 pages double-spaced)
5. Cultivate the habit of prayerfulness (and playfulness!) throughout the day.
6. Practice praying daily in a form that is right for me. (examples: with scripture, body prayer, centering prayer, meditation, silence, journaling, intercessory prayer, chanting, beads, walking meditation, etc.)
7. Participate in a community of faith or spirituality group in ways that are life-giving for me.
8. Read as led by syllabus and Spirit and create opportunities to discuss readings with others.
9. Be present for all meetings—unless for unavoidable circumstances. "We are the curriculum!" Our presence is needed.
10. For any missed sessions write an additional reflection paper on the theme, reading, or prayer experiences of the day.