

Bibliography for 2008-2009, Year I

SPIRITUAL DIRECTION FOR SPIRITUAL GUIDES

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Area Cokesbury Bookstores (Harrisburg, Point Mall, 877-577-8541; Lancaster Theological Seminary, 717-393-1077; King of Prussia, 610-265-3341; and Baltimore, 410-788-1900) have agreed to carry a certain quantity of our books, as has Byron Borger, Hearts & Minds Bookstore, 234 East Main Street, Dallastown, PA 17313 <<http://www.heartsandmindsbooks.com>, 717-246-3333 (10% discount). But please call ahead to reserve books and avoid disappointment. You may also order online at amazon.com, half.com, or alibris.com; all of which also sell used books.

YEAR I: ESSENTIAL READINGS (Required texts)

Cynthia Bourgeault, *Centering Prayer and Inner Awakening* (Cowley Publications, 2004) ISBN 13:978-1-262-6

Tilden Edwards: *Spiritual Director, Spiritual Companion: Guide to Tending the Soul* (Paulist Press, 2001)

ISBN 0-8091-4011-X

Kent Groff, *Active Spirituality: A Guide for Seekers and Ministers* (The Alban Institute, 1993) ISBN 156699-117-X

Margaret Guenther, *Holy Listening: The Art of Spiritual Direction* (Cambridge, MA: Cowley Pub., 1992)

ISBN 1-56101-056-1

Thomas Hart, *The Art of Christian Listening* (Paulist Press, 1980) ISBN 0-8091-2345-2 (also used in Yr. II)

Gerald May, MD, *The Awakened Heart: Opening Yourself To Love* (Harper, 1993) ISBN 006-0654732

(also published under older subtitle: *The Awakened Heart: Living Beyond Addiction*)

Gerald May, *The Wisdom of Wilderness: Experiencing the Healing Power of Nature* (Harper, 2006) ISBN 0-06-084540-7

CONTEMPORARY MEMOIR AND LITERATURE (chapters assigned throughout the year)

Roberta Bondi, *Memories of God: Theological Reflections On A Life* (Abingdon, 1995) ISBN 0-687-03892-8

Paula J. Carlson & Peter S. Hawkins, ed., *Listening for God: Contemporary Literature and the Life of Faith*

(Augsburg/Fortress, 1994) ISBN 0-8066-2715-8 – Vol. I

SPIRITUAL CLASSICS (One brief classic assigned each month; portions highlighted in syllabus).

Evelyn Underhill, *The Spiritual Life* (Harrisburg, Pa: Morehouse Pub.) ISBN 0-8192-1350-0

The Way of A Pilgrim, anonymous Russian, tr. by R. M. French (Boston: Shambala) or any edition.

Henri J.M. Nouwen, *The Wounded Healer* (Doubleday/Image)

Brother Lawrence, *The Practice of the Presence of God*, ed. by Harold J. Chadwick, Norton (Brunswick, NJ),

Bridge Logos Pub. ISBN 0882-707930

The Cloud of Unknowing, anonymous, ed. by Wm. Johnston, (Doubleday/Image)–complete edition.

Julian of Norwich, *Showings*, tr. & ed. by Edmund Colledge, O.S.A., in *The Classics of Western Spirituality*

(NY: Paulist Press) ISBN 0-8091-2091

Thomas Merton, *When the Trees Say Nothing: Writings on Nature*, edited by Kathleen Deignan (Sorin Books, 2003)

ISBN 1-893732-60-6

YEAR I RECOMMENDED READINGS

Kathleen Fischer, *Women At The Well: Feminist Perspectives on Spiritual Direction* (Paulist Press, 1988)

ISBN 0-8091-3018-1

Kent Ira Groff, *Journeymen: A Spiritual Guide for Men (and for Women Who Want to Understand Them)* (Upper Room Books) ISBN 0-8358-0862

SPIRITUAL DIRECTION FOR SPIRITUAL GUIDES—Yr. I, 2008-2009

Roger Housden, *{Risking Everything} 110 Poems of Love and Revelation*. (Harmony Books, 2003) ISBN 1-4000-4799-4
David Impastato, *Upholding Mystery: An Anthology of Contemporary Christian Poetry* (Oxford Univ. Press, 1997)
ISBN 0-19-510400-5
Eckhart Tolle, *A New Earth: Awakening to Your Life's Purpose* (Penguin Group, 2005) ISBN 978-0-452-28996-3

YEAR I RECOMMENDED FOR PERSONAL PRAYER LIFE:

Cynthia Bourgeault, *Chanting the Psalms: A Practical Guide with Instructional CD* (New Seeds, 2006)
ISBN 1-59030-257-5

Esther de Waal, *Lost in Wonder* (Liturgical Press, 2003) ISBN 1-8146-2992-X (Great for reading prior to retreat)
A Guide to Prayer for Ministers & Other Servants (1983) or *A Guide to Prayer for all God's People* (1991), both
published by Upper Room, Nashville. Either: same format, for daily prayer and reading; each includes Models for
Personal Retreat in back.

Macrina Wiederkehr, *A Tree Full of Angels: Seeing the Holy in the Ordinary* (Harper, 1988) ISBN 0-06-254868-9
Macrina Wiederkehr, *The Song of the Seed: A Monastic Way of Tending the Soul* (HarperCollins, 1995) (a 30-day
guide for at-home retreat time.) ISBN 0-06-069552-8 (cloth) or 0-06-069554-44 (pbk.)

Sue Monk Kidd, *When The Heart Waits: Spiritual Direction for Life's Sacred Questions* (SF: HarperCollins)
ISBN 0-06-064587-3

YEAR I GUIDELINES FOR OUR COMMUNITY: "WE COVENANT TO..."

1. Find (or continue seeing) a spiritual director/companion to meet with throughout the program.
2. By January of 2009, have at least two persons who are meeting with me for spiritual direction.
3. Take a *minimum* of an overnight and day apart for silent retreat in solitude during each year's session.
4. Write a brief reflection paper on a spiritual experience, integrative in nature. (2-4 pages double-spaced; due February 4, to peer group facilitator.)
5. Cultivate the habit of prayerfulness (and playfulness!) throughout the day.
6. Practice praying daily in a form that is right for me. (examples: with scripture, body prayer, centering prayer, meditation, silence, journaling, intercessory prayer, chanting, beads, walking meditation, etc.)
7. Participate in a community of faith or spirituality group in ways that are life-giving for me.
8. Read as led by syllabus and Spirit and create opportunities to discuss readings with others.
9. Be present for all meetings—unless for unavoidable circumstances. "We are the curriculum!" Our presence is needed.
10. For any missed sessions write an additional reflection paper on the theme, reading, or prayer experiences of the missed day. (Paper due to peer group facilitator the next session.)