

A Spiritual Education Opportunity offered in collaboration with St. David's Episcopal Church, Wayne, PA:



Ministries for Spiritual Development
419 Deerfield Road • Camp Hill, PA 17011
Phone: **717.737.8222** • Web: www.oasismin.org

**Drawing from the
Well of Christ
Contemplatively
Actively**

DAY RETREAT:

CAME... CAME TO... CAME TO BELIEVE... SPIRITUALITY IN THE RECOVERING LIFE

"Rarely has a person failed who has thoroughly followed our path."

These are the opening words from Chapter 5 from the ***Big Book of Alcoholics Anonymous***. The 12 steps offer a suggested path to a life free from the addictions that haunt countless people. Steps 1, 2, and 3 prepare the path to recovery by turning oneself over to a power greater than ourselves that we may grow into the spiritual presence and power that has undergirded the millions of people living the recovering life.

We will unpack these crucial first three steps leading to a new life and freedom through the use of the contemplative tools of prayer and meditation, leading to serving others through selfless giving. Selections from Gerald May's book ***Addiction & Grace*** will be incorporated, as well as other resources for living a spiritual life of recovery. All this will be surrounded with times of meditation, prayer, self-examination, and sharing with others throughout the day.

Although the focus is on spirituality in the recovering life, all are welcome who desire to deepen their spiritual life, better understand a loved one who is experiencing addiction, or be free of anything that keeps you imprisoned from being the authentic person God created you to be.



LEADER: The Reverend Paul W. Gennett, Jr. will lead this day's offering. Paul is Priest Associate at St. David's Episcopal Church in Wayne, PA where he has served the past seven years. Paul served for 20 years in the corporate world before his ordination 15 years ago, and he is an active member in the fellowship of recovery.

DATE AND TIME: Saturday, April 12, 2008; 9:30 am-3:30 pm

PLACE: **St. David's Episcopal Church**
(763 South Valley Forge Road, Wayne, PA 19087)

FEE: \$65-\$95 (as you are able)

REGISTRATION DEADLINE: **March 21, 2008**

To Register: Please contact Betsy Keller At betsykeller@oasismin.org or 717-737-8222