



Oasis

Ministries For Spiritual Development
419 Deerfield Road
Camp Hill, PA 17011

RENEWING & DEEPENING
THE WAY OF THE
SPIRITUAL GUIDE

SEPTEMBER 2009
TO MAY 2010

Renewing & Deepening the Way of the Spiritual Guide



- ◆ Returning to the Well
New Design
- ◆ Deepening Year for
Direction Ministries

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Celebrating Over 20 years of Creating
Contemplative Community!



RETURNING TO THE WELL NEW DESIGN: A HYBRID MODEL

Returning to the Well, in its 9th year, is offering a new design—a *hybrid model* that can run either as a single day retreat (the first day) or as the more traditional RTW two-day retreat. Starting with our retreat in November of 2009, *Returning to the Well* will be offered twice a year with this new hybrid design.

Day One, 9:30-4:00 will be a retreat day that can stand alone with a cost comparable to our other single-day events. The day will include input around the theme, opportunity for interaction with other graduates, group prayer and chant, and time for guided retreat and the sharing that comes out of retreat. The noon meal will be provided.

For those staying, the hybrid switches following the close of the first day and continues that evening and the next day, closing at 3pm. The **second day** will run deeper with the theme, offering opportunities for: group spiritual direction, creative expression, dialogue around direction, and additional retreat blocks.

From its inception RTW has sought to sustain and deepen graduates of spiritual direction training programs. Every RTW retreat enters the mystical path through exploring classical and contemporary mystics and engaging the themes that emerge for our lives and direction practice. Our approach in format is one of contemplative retreat. Reading suggestions are presented ahead of time but the flow of our time together is not academic in nature but rather continually bathed in the process of prayerful retreat and the sharing with others that emerges from retreat. This retreat quality will be preserved whether you come for one day or for two.



DEEPENING YEAR FOR DIRECTION MINISTRIES

DYDM is a **year-long program** in continuing education consisting of two retreats and six monthly sessions for practicing spiritual directors who desire to deepen their discernment and enhance their direction skills in a contemplative approach to the art of spiritual direction.

Topics to be explored include:

- ◆ Manifestations of grace and spiritual transformation
- ◆ Resistance: its meaning and message
- ◆ Transference and counter-transference
- ◆ Ways we can listen to dreams
- ◆ Developmental cycles in the spiritual life
- ◆ Loss and mourning: a recurring experience
- ◆ Story and metaphor: language for direction
- ◆ Addiction and co-dependency
- ◆ Body wisdom and non-verbal communication
- ◆ Darkness, spiritual dryness, and suffering
- ◆ Love, Mysticism and Desire
- ◆ Mindfulness and Contemplative Awareness
- ◆ Discernment and interior freedom
- ◆ Self-care for spiritual directors and their directees
- ◆ Legal and ethical issues of spiritual direction

When we gather in a spiritual direction session we are called to recognize the holy ground upon which all life stands. Together we probe what God is growing in that ground. We seek for our unique place among the growing shoots of life we see. We listen for how the Spirit is loosening, planting, pruning, healing and enjoying us.

~Tilden Edwards
Spiritual Direction, Spiritual Companion

RETURNING TO THE WELL



LOCATION

Mariawald Renewal Center
1094 Welsh Road, Reading, PA 19607
www.mariawaldrenewal.com

DATES and THEMES

FALL RETREAT (2009)

November 9-10, 2009

Mother Teresa: Compassion, Faith, Darkness & Direction

Brian Kolodiejchuk's book *Mother Teresa: Come Be My Light*, revealed the level of interior struggle that Mother Teresa experienced throughout the many years of her extraordinary service. In this retreat we will encounter this more complete picture of her life and engage in the interplay of our own inner and outer lives as contemplative seekers and practitioners.

SPRING RETREAT (2009)

March 18-19, 2010

Chant in the Contemplative Life

In recent decades there has been an explosion of contemplative chant—Taize, Iona, and Gouzes chants have extended the foundational place of Gregorian chant in the life of Christian praise and practice. In this retreat we will explore and experience chant in its many forms. Cynthia Bourgeault's book, *Chanting the Psalms*, will serve as a primer.

RTW HYBRID RETREAT FEES:

(as you are able) per retreat.

One-day option: \$95—\$125 (paid in full at registration)

Two-day: \$270—\$295 (\$100 due at registration, balance by the time of retreat)

"I firmly believe that our task as spiritual directors requires us to continue to grow in skill and sensitivity in this ministry so that God's own spirit might guide us."

— Janet K. Ruffing,
Spiritual Direction: Beyond the Beginnings

RTW LEADERSHIP

Glenn Mitchell, M.Div., is Director of Training and Program for Oasis Ministries and a lead teacher in the Spiritual Direction for Spiritual Guides program. Glenn is a graduate of the Shalem Institute and began teaching with Oasis in 1996, becoming Director of Training and Program in 2001. Glenn designed the Returning to the Well program and continues to provide primary leadership for it. Glenn has led a variety of retreats around the country on themes of prayer, spirituality, spiritual direction, nature and spirituality and the interplay of art and spirituality. He has a practice of spiritual direction and retreat leadership based in State College, PA.

TO APPLY FOR OR FOR MORE INFORMATION
ON EITHER RTW OR DYDM

PLEASE CALL, EMAIL, OR CONTACT US AT:



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DEEPENING YEAR FOR DIRECTION MINISTRIES



LOCATION

Kenbrook (45 minutes east of Harrisburg),
190 Pine Meadow Rd. Lebanon, PA 17046
Phone: 717.865.4547 www.kenbrook.org

Class Size limited to 12. Continuing
Education Credit available: 6.6 CEUs per year.

DATES

OPENING RETREAT

3:30 p.m., Sunday, **September 27, 2009**
through 5:00 p.m., **Monday, September 28, 2009**

MONTHLY SESSIONS

10:00 a.m. – 5:00 p.m.

November 2, December 7, 2009
January 11, February 1, March 1, April 12, 2010

CLOSING RETREAT

3:30 p.m., **Sunday, May 2, 2010**
through 5:00 p.m., **Monday, May 3, 2010**

TUITION: \$1,950*

Plus an Application Fee of \$200
(non-refundable after program begins).

If application fee received by May 30:
discount \$50 from application fee.
If application fee received after August 30:
add \$50 to application fee.

*Tuition may be made in five equal payments of \$390 every other month (beginning in August).

Some scholarship assistance is available.
Visa/Mastercard/Discover are welcome.

DYDM LEADERSHIP

Jo Ann Kunz, M.A., serves as a Senior Pastor at a non-denominational Christian church located in Lititz, PA. She teaches spiritual formation/spiritual direction at both Eastern University and Evangelical Theological Seminary, as well as being a certified Enneagram trainer. Jo Ann has been part of the faculty of Oasis Ministries since 2001. She serves as a retreat and workshop facilitator, maintains a private spiritual direction practice, and holds a special interest in dream work.

Ruth Workman, Ed.M., M.A., is a Certified Spiritual Director, Retreat Leader, and Certified Supervisor of Spiritual Directors. She earned a Master of Education at Rutgers University and a Master of Arts in Holistic Spirituality and Spiritual Direction from Chestnut Hill College. She has been offering Spiritual Direction since 1995. In addition to her ministry of individual spiritual direction she offers contemplative retreats at The Sanctuary, her home in Stone Harbor, NJ, and facilitates spiritual direction groups at Princeton Theological Seminary. Ruth retired from the Langhorne Presbyterian Church in 2009 after 20 years of service as Pastoral Care Associate. She is ordained as an elder in the Presbyterian Church USA.

Participants of the Deepening Year must:

- Be graduates of either Oasis' *Spiritual Direction for Spiritual Guides* (SDSG) program, or another equivalent program
- Be practicing spiritual directors
- Be meeting regularly with a spiritual director themselves
- Provide two letters of recommendation (if not a graduate of Oasis programming)
- Provide a personal letter stating the reason(s) for their interest in the program and specifically what they hope to gain from the program