



Group Spiritual Direction A Workshop for Spiritual Directors

This hands-on workshop will introduce spiritual directors to the purpose, process and content of Group Spiritual Direction. We'll examine how it differs from both individual direction and spiritual discussion groups.

Several models for Group Direction will be introduced. The model developed by Hugh Smith and Ruth Workman, faculty members at Oasis Ministries, will be demonstrated and discussed. Participants will have the opportunity to take part in a spiritual direction group; to share their wisdom and experience as leaders and participants of spiritual direction groups; and to ask questions about initiating and sustaining groups.

Leader: Ruth Workman, Ed.M., M.A., is a Certified Spiritual Director, Retreat Leader, and Certified Supervisor of Spiritual Directors. She earned a Master of Education at Rutgers University and a Master of Arts in Holistic Spirituality and Spiritual Direction from Chestnut Hill College. She has been offering Spiritual Direction since 1995. In addition to her ministry of individual spiritual direction she offers contemplative retreats at The Sanctuary, her home in Stone Harbor, NJ, and facilitates spiritual direction groups at Princeton Theological Seminary. Ruth retired from the Langhorne Presbyterian Church in 2009 after 20 years of service as Pastoral Care Associate. She is ordained as an elder in the Presbyterian Church USA.



When?

April 5, 2011

9:30 a.m. – 3:30 p.m.

Retreat Fee?

\$65-95 (as you are able)

Where?

St. Andrews Presbyterian Church
600 S. 12th St. Lebanon, PA 17042
www.standrewslebanon.org

Registration Deadline:

March 20, 2011

To register or receive more information, please contact Betsy Keller at 717.737.8222; betsykeller@oasismin.org



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